



**EUCRITE**

EUROPEAN CENTRE FOR REFUGEE  
INTEGRATION IN HIGHER EDUCATION

# INTERCULTURAL TRAINING

## “Walking in the Shoes of a Refugee”

Co-funded by the  
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## Fast Facts

**Time:** 3 hours 30 minutes

**Material:**

- worksheets (1, 2, 3)
- music
- links to videos
- material on simulation activity:
  - board
  - counters
  - dice
  - mood points
  - money
  - character cards
  - character information
  - flash information
  - guidelines for facilitator
  - overview cards
  - rules of the activity



## Outline:

- I. Welcoming / Outline of training
- II. Activity: Personal profile
- III. Activity: Eye opener questions
- IV. Video: "Migration Matters"
- V. Introduction to simulation activity (trailer video)
- VI. Simulation activity "On the move with migrants"
- VII. Case study
- VIII. Wrap up

<b>Welcoming / Outline of training</b>	<b>Number of participants: all</b>
<b>Duration: 10 min</b>	<b>Material: whatever you like</b>

Provide your participants with an overview of your training.

<b>Activity: Personal profile</b>	<b>Number of participants: 2</b>
<b>Duration: 15 min</b>	<b>Material: worksheet 1</b>

In pairs participants (P) fill in a personal profile of their counterpart. Partners should not know each other. The sheet is filled in without talking to each other. It is a guessing game. In a next step partners exchange their assumptions.

Debriefing: On which basis were assumptions made? Often we interpret on the basis of what we ourselves like/enjoy/do. And of course also depending on the appearance / gender / age of a person. This means we are very fast at producing a first picture of a person we meet and along with this there are some prejudices. How many of them are true? How easy is it to change our opinion? How easy is it to judge someone from a different culture where we cannot transfer a lot from our own lives?

<b>Activity: Eye opener questions</b>	<b>Number of participants: 1</b>
<b>Duration: 15 min</b>	<b>Material: worksheet 2, music</b>

The aim of these questions is to get people thinking about the topic.

**TASK:**

*Please take your time to answer these questions for yourself. Reflect on your own knowledge about the situation of refugees/migrants.*

- What do you know about migration and refugees?
- Which countries do people you work with (your clients) come from?
- What do you know about these regions?
- What do you think are the major motives for migrating / fleeing to Europe?



<b>Video: “Migration Matters”</b>	<b>Number of participants: all</b>
<b>Duration: 10 min</b>	<b>Material: video</b>

This video will provide you with answers to some of the eye opener questions. It will help your participants understand why people migrate.

<http://migrationmatters.me/best-of/> “Why do people migrate?” (7:36 Min)

#### TASK:

Q1: Try to find out the reasons for people to leave their home country mentioned in the video.

Q2: Are there any – for you – surprising facts mentioned in the video?

<b>Video: “Trailer video for simulation activity”</b>	<b>Number of participants: all</b>
<b>Duration: 10 min</b>	<b>Material: video</b>

As an introduction to the simulation activity “On the move with migrants” we suggest to watch the trailer video. Still, you can also do the activity without watching the video. The video was especially designed for facilitators/trainers to get an idea of the activity.

#### **LINK**

<b>Activity: On the road with migrants</b>	<b>Number of participants:</b> groups of 4-5 people with 1 facilitator
<b>Duration: 45-60 min</b> <b><i>Bear in mind that you need a separate room for each group!!</i></b>	<b>Material:</b> <a href="#">simulation activity package</a>

#### **Introduction**

“On the Road with Migrants”: a simulation activity to help understand the realities migrants are facing worldwide.

Right now the tragedies of migrants are making headlines. People fleeing war and poverty are becoming more and more numerous in many different corners of the planet.

The simulation activity «On the road with migrants» developed by Caritas France and the Association des Cités raises awareness about the realities of exile and migration, as well as



the impact of policies of the various countries of transit and receiving countries for these migrants.

What is the route of a migrant on the road to exile? What obstacles will he/she have to go through? What encounters will he/she have, what sufferings will he/she live through and what solidarity will he/she find? How could one imagine such a journey without having lived it? The five paths traced in this simulation activity are directly inspired by testimonies of migrants accompanied by the Secours Catholique, the ACSC and their partners such as TU Graz. Nabil, Natacha, Kalhid ... and the others are real persons, and it is the stories of these migrants that players are invited to relive.

The simulation activity has several objectives:

- To **raise awareness** of the experiences of migrants from first-hand accounts
- To **understand the dynamics** at play and **understand the consequences** of the closure of borders
- To **encourage reflection** on one's own behavior
- To **inform about the impact** of policies of the various countries of transit and receiving countries for migrants

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## Debriefing

- Tell participants to step out of the simulation activity!
- Then ask the following questions:
  - What was this experience like for you? How do you feel?
  - Describe what happened to your character: How did he/she start off? How did he/she end? Did he/she change during the journey?
  - What did the journey do to you?
  - What have you learned from this activity?
  - Which lessons can be learned from this activity? What deductions can be made for your work? How can this activity help you in your daily work with refugees?

*Suggestion: Collect the "lessons learnt" on a flipchart!*

<b>Activity: Case study</b>	<b>Number of participants: 2</b>
<b>Duration: 25 min</b>	<b>Material: worksheet 3</b>

After the simulation activity, the question is left: Where do the stories lead to? What has happened to the different characters once they arrived at their final destination? There is one story we are able to take a closer look at. And from this story we created a case study you might want to use.

### TASK:

In pairs, participants will read the case study and then discuss the guiding questions.

Round up – possible questions for a whole class discussion:



- What are possible solutions?
- How could this story have taken a different lead?
- What would have been helpful in the course of this story?
- Have you come across similar situations?
- How did you deal with the situation?

<b>Wrap up</b>	<b>Number of participants:</b> all
<b>Duration:</b> 10 min	<b>Material:</b> whatever you like 😊

## Sources:

<https://www.secoures-catholique.org/actualites/en-route-avec-les-migrants-un-jeu-a-telecharger>

<http://migrationmatters.me/best-of/>